

## FIRST AID

- BANDAGES ETC.
- JUNIOR RESUSCITATION!

## WATER BOTTLE.

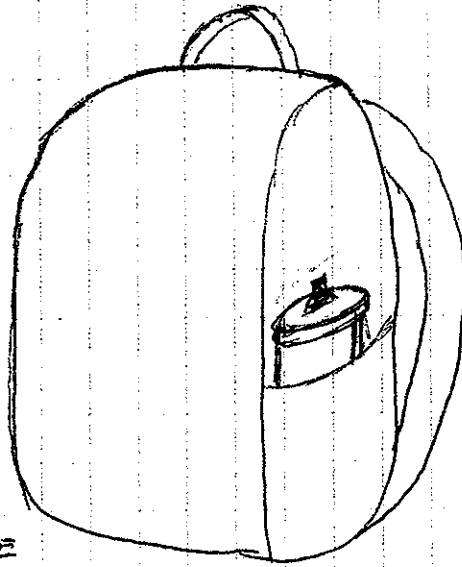
- PURIFIER TABLETS.
- BOILING CONTAINER
- WATER TREATMENT PLANT TOUR.
- BOIL WATER.

## JFW BINDER

- PENCILS.
- HELP PAGES FOR ITEMS IN PACK.

## CLOTHING.

- PONCHO OR JACKET
- HAT OR TOUQUE.
- OTHER SEASONAL.
- PROPERTIES OF MATERIAL.
- LAYERING.
- MOISTURE IS ENEMY.



## FOOD

- ENERGY SNACKS
- BUSH FOOD
- DEHYDRATION.
- WHAT WORKS
- SHORT TRIP
- WEIGHT OF FOOD.

## COMPASS

- COMPASS + SIGNAL MIRROR + WHISTLE
- MAP READING
- N. + MAG NORTH.
- SCALE.

## SHELTER

- TARP
- ROPES.
- TYPES
- KNOTS THAT WORK.
- MATERIALS IN NATURE.

## MORA KNIFE

- MORA KNIFE.
- USE LIKE HATCHET.
- USE AS STRIKE.
- SAFETY!!!
- TYPES
- WHAT MAKES A GOOD KNIFE.
- SHARPENING

## FIRE STARTER

- FAT WOOD.
- DRYER LINT + PET. JELLY.
- FLINT + STEEL.
- MATCHES
- FIRE TYPES.
- SIGNAL
- WOOD TYPES + BURNING
- WHERE TO BURN.
- CAMPFIRE TOOLS, TRIPES